

Sit Upon Instructions



Things You'll Need:

Two similar sized magazines or newspapers
Packing or Duct Tape (coloured duct tape is fun)
Plastic White Grocery Bags or Trash Bag
Scissors

Plastic table cloth for steps 3-11

Step1

Tape two similar sized magazines or piles of newspaper together. Wrap tape around the magazines/Newspaper to hold them securely together.

Step2

Wrap white grocery bags (or a trash bag) around the magazines/Newspaper several times. Tape the bags securely against the magazines/Newspaper.

This is a complete sit up and ready for the festival. Or make a keep sake and continue with steps 3- 11

Step3

Begin to cut strips 1 inch in width from your plastic tablecloth. Plastic strips need to be approximately 5 inches longer than the length of the magazine. The longer they are the easier it is to tie them.

Step4

Once strips are cut (approximately 55 strips) tying can begin.

Step5

Tie two strips together at one end. Place one strip over the top of the magazines, one strip under the magazines, and tie tightly at the other end.

Step6

Continue tying strips one on top and one under the magazines across the width of the magazines.

Step7

Space strips .5 inches from each other along the width of the magazine. (Approximately 14 to 15 strips across the front of the magazine and another 14 to 15 strips along the back.)

Step8

Begin to weave the front of the magazine with plastic strips. Weave together tightly pushing the plastic strips snugly together. Weave approximately (13 to 14 strips across the top).

Step9

Turn sit-up over and start to weave the back using the same number of strips as you used on the front.

Step10

Once front and back are woven begin to tie the ends together.

Step11

Trim the fringe all around the sit-upon to the same length. Your sit-upon is now ready for the **Festival and future events!**

Recycle, Reuse, Reduce!!!